

City of Long Beach Department of Parks, Recreation & Marine
Community Recreation Services



Cesar Chavez Senior Programs

February 2017

Program Hours: Mon. - Fri. 9:00 am - 2:00 pm

SPECIAL PROGRAMS

Here We Grow - Garden Club

Tuesday & Fridays @ 11:00 am
Come help us maintain our garden!

Pinterest Interest

Come recreate crafts from Pinterest!

Valentine's Day Potluck

Celebrate with us a day of love and
friendship at 11:00 am



Mon	Tue	Wed	Thu	Fri
		1 Move and Groove Fit 9:30- 10:30 a.m. Hooked Crochet club 11:00 a.m.	2 Weight Training 9:00-10:30 a.m. Pinterest Interest 11:30 a.m.	3 Move and Groove 9:30- 10:30 a.m. Bingo 12:00 p.m.
6 Puzzles 10:00 a.m. Hooked Crochet Club 11:00 a.m.	7 Garden Club 11 a.m. ESL Class	8 Move and Groove Fit 9:30- 10:30 a.m. Hooked Crochet club 11:00 a.m.	9 Weight Training 9:00-10:30 a.m. Nutrition: 11:00 a.m.	10 Move and Groove 9:30- 10:30 a.m. Bingo 12:00 p.m.
13 Card Games 10 a.m. Hooked Crochet Club 11:00 a.m.	14 Valentine's Day Potluck	15 Move and Groove Fit 9:30- 10:30 a.m. Hooked Crochet club 11:00 a.m.	16 Weight Training 9:00-10:30 a.m. Pinterest Interest 11:30 a.m.	17 Move and Groove 9:30- 10:30 a.m. Tea With Me 12:00 p.m.
20 Closed	21 Garden Club 11 a.m. ESL Class	22 Move and Groove Fit 9:30- 10:30 a.m. Hooked Crochet club 11:00 a.m.	23 Weight Training 9:00-10:30 a.m. Pinterest Interest 11:30 a.m.	24 Move and Groove 9:30- 10:30 a.m. Bingo 12:00 p.m.
27 Puzzles 10:00 a.m. Hooked Crochet Club 11:00 a.m.	28 Garden Club 11 a.m. ESL Class			

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